



African Millennium Foundation

EMPOWERING WOMEN AND CHILDREN THROUGHOUT THE CONTINENT



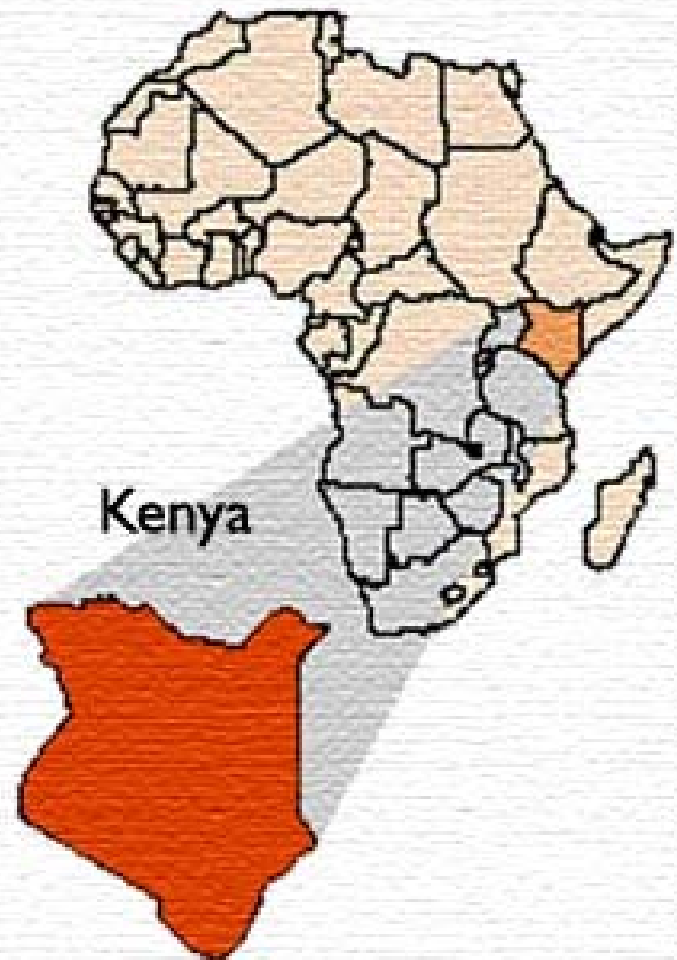
Kenya Cow Girls



Kenya Cow Girls

Cow Girl Evaluation

- Project Manager, **Lacey Uhlemeyer** spent time visiting 4 beneficiaries of the **AMF** Cow Girls Program in **Kenya**





Kenya Cow Girls



Thika, Kenya





Kenya Cow Girls





Kenya Cow Girls



Jane Wanjiku Munania

- Exhibits the programs inability to share successes and failures of program across beneficiaries
- **Jane** was not educated on how to take proper care of her cow, resulting in very poor conditions of shed which could result in illness/death of cow
- Because there is no local project manager, it will be hard to have efficient evaluation of her progress



Kenya Cow Girls

Without proper instruction the shed has not been adequately cared for and the wet mud poses concern for future health of cow.





Kenya Cow Girls





Kenya Cow Girls



Chariky Wanjiku

- Her story shows the true possibility for success and empowerment for widows through program
- Most extreme case of poverty and need for aid seen throughout trip
- The cow offered the family of 6 their only form of income, \$1.05 a day

Kenya Cow Girls

Temporary shed being used to house cow- need extra funds to build suitable shed





Kenya Cow Girls

She is working to use cow manure to enrich her land to grow vegetables in the future.





Kenya Cow Girls

Extreme stories of hardship for family:
including mentally challenged daughter who was raped
by a neighbor and left to care for the child by herself





Kenya Cow Girls



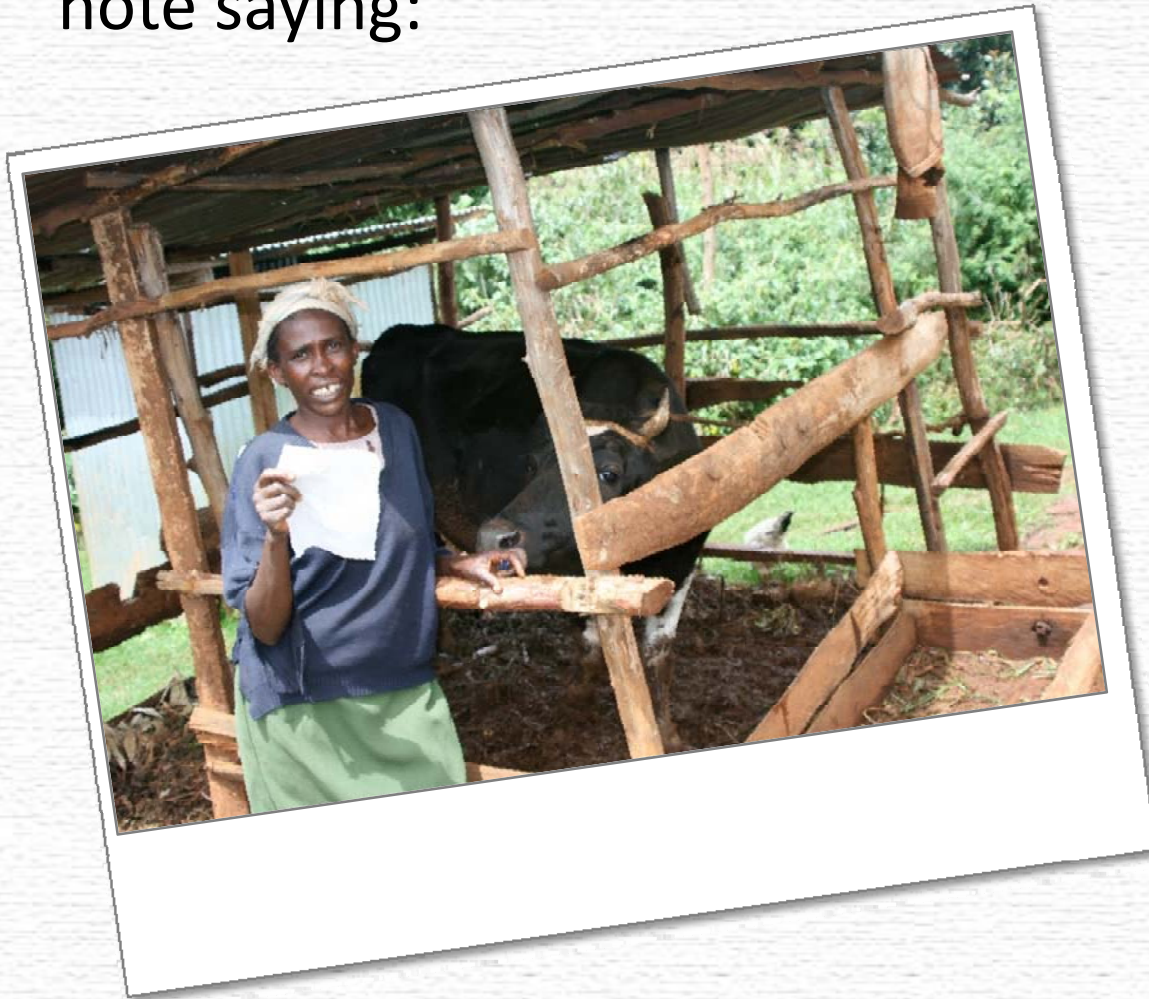
Tabitwa Mwiwaki Nganga

- Has been caring for cow since July 15th 2006
- Cow provides her family of 7 an income of \$1 a day, allowing children to attend secondary school
- The cow has given birth to one bull in 2007



Kenya Cow Girls

She kept relevant records of cow's health and wrote a note saying:



“I have taken this opportunity to appreciate this gift because it has helped me face hard circumstances.”



Kenya Cow Girls



Naomi Mugure

- The most gracious welcome I have ever received in my life
- Healthy cow and sturdy shelter that provides for her and her family of 8



Kenya Cow Girls

Learning the true meaning of gratitude





Personal Project Evaluation

- Local partner **Patrick Mwangi** has a hard time coming to evaluate all of the women since he must travel from **Nairobi** and the great distance between households
 - In one day we only had time to visit four women
- Without a local project manager, this project does not have an efficient evaluation component
- It is hard to keep track of the calves born
 - Local opinion is that many feed their cows hormones to bore only bulls so they can keep for themselves



Kenya Cow Girls

Personal Project Evaluation

- With so many individual beneficiaries it is hard to share failures and successes between women
- Rate of illness and death of cows is too high given the high cost per cow of **\$750**





Personal Project Recommendation

- The program would be more effective if the cows were provided to a co-op of women that could collectively share information
- I believe it is best to end funding to this project and develop a new partnership with a group of widows that live together in Thika, Kenya
 - This project would be in collaboration with the Ngungu Primary School Free-Lunch program



Thika Women Microcredit Project: Comparative Benefits

- co-op of 25 women
 - Patrick has an already established relationship with this group
 - Elizabeth who works in town will be able to supervise project
 - Incorporates AMF's mission of empowering women through micro-credit initiatives
 - Women will have commitment to the success of the cows in the farming co-op





Thika Women Microcredit Project: Comparative Benefits

- Co-op of 25 women
 - Group was created in 2005
 - Came together to support each-other through “merry-go-round” program
 - Currently registered with the government as a working group
 - Established positions of vice-chairman, secretary, and treasurer
 - Know how to work together and hold each other accountable



Kenya Cow Girls

“Money in the hands of a women is spent better and goes further, leading to the development not only of the family unit, but the society as a whole”

- Nelson Mandela

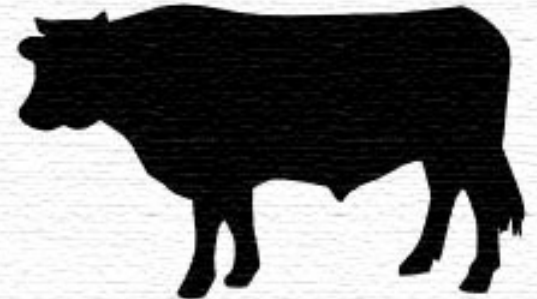




Kenya Cow Girls

Thika Women Microcredit Project: General Information

- Co-op of 25 women
 - Most are widows surviving on casual labor caring for families on less than 100 shillings a day
 - Many have children and grandchildren attending Ngungugu Primary School
 - Group has experience farming vegetables and rearing chicken, pigs, cows
 - Local market is available to sell items

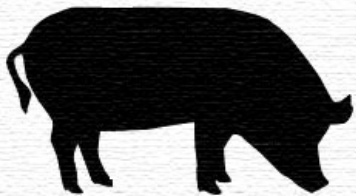




Kenya Cow Girls

Thika Women Microcredit Project & Ngungugu Primary School Partnership

- Products produced by the women will go towards providing necessary food for the Ngungugu Primary School Free-Lunch Program
- Land is for sale near school that ladies can collectively own and farm together





Kenya Cow Girls

Ngungugu Primary School





Kenya Cow Girls

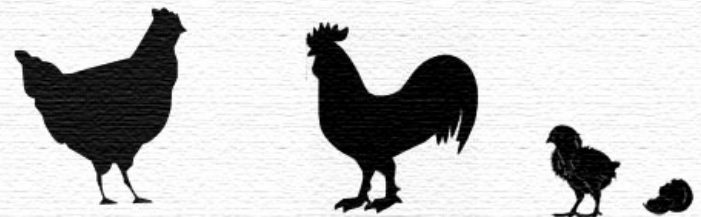
Free-Lunch Program





Kenya Cow Girls

- Studies show that it is more difficult for children to learn without adequate food and nutrition
- There are over 23 million primary school age children in Africa who attend school hungry
- Poor households are often forced to choose between sending their children to school or to work
- School food programs provide a strong incentive to send children to school and keep them there
- Adequate school meals boost learning by allowing children to focus on their studies and not their stomachs





Kenya Cow Girls

“Every year of school completed by them will be a step towards eradicating poverty and disease”

- Kofi Anan UN Secretary General





Kenya Cow Girls

Thika Women Microcredit Project Budget

- Shared plot of land near school
 - \$14,500 total cost
- Chickens
 - 1,000 chickens, coup, feed
 - Profit of \$1.35 per chicken
 - \$3,650 total cost
- Pigs
 - 10 pigs, feed, shed
 - Profit of \$1,500 over 7 months
 - \$10,840 total cost
- Cows
 - 7 cows, feed, shed
 - \$25 profit per day from milk sales
 - \$6,145 total cost
- Local Project Manager
 - \$15,000

Total Project Cost: \$50,135

